



Relationships & Health Education (RHE) Vision

At Newport Primary we believe every child deserves an education that prepares them not only for academic success but also to thrive as rounded individuals in modern society. Relationship and Health Education (RHE) education sits at the heart of this commitment.

RHE is not an add-on to our curriculum; it is fundamental to our children's development as confident, healthy and respectful members of society. Through high-quality RHE, we equip pupils with the knowledge, skills and attributes they need to stay safe, maintain wellbeing, and build positive relationships throughout their lives.

Our curriculum is carefully designed to be developmental and progressive. From the moment children join our school, they begin to explore emotional literacy—learning to recognise, name and talk about feelings. This foundation grows year by year, helping pupils to manage emotions, develop resilience, and make informed decisions that support their own and others' wellbeing.

By embedding RHE across our school culture, we nurture a community where respect, inclusivity and responsibility flourish. In doing so, we prepare our pupils not only for the challenges of childhood but also for adulthood, work and active citizenship.

We are committed to:

- Supporting the whole child - recognising that children's emotional and social development directly impacts their capacity to learn
- Creating a safe, inclusive environment where every child feels valued and able to discuss concerns without fear or stigma
- Building foundations for the future - providing age-appropriate learning that prepares children for the challenges and opportunities of adolescence and beyond
- Working in partnership with families, recognising that parents are children's first educators in many aspects of relationships and health
- Embedding RHE across school life - not just in weekly lessons, but through our values, relationships, and everyday interactions

How RHE Promotes SMSC

Spiritual Development

- Encourages self-awareness and reflection on feelings, identity and personal values.
- Builds confidence and a sense of self-worth and belonging.
- Supports understanding of personal growth and wellbeing.

Moral Development

- Teaches pupils about respect, responsibility and making safe, informed choices.
- Encourages understanding of right and wrong in relationships and behaviour.
- Promotes kindness, fairness and empathy.

Social Development

- Develops skills for positive relationships, communication and teamwork.
- Encourages respect for others and understanding of differences.
- Supports pupils in becoming active, responsible members of society.

Cultural Development

- Celebrates diversity in families, relationships and communities.
- Promotes inclusion and respect for different backgrounds and lifestyles.
- Prepares pupils for life in a diverse and modern society.

In Practice at Newport

- A safe curriculum focused on wellbeing, relationships and personal development.
- Opportunities for discussion, reflection and real-life application.
- Inclusive teaching that reflects diverse families and experiences.
- A strong emphasis on respect, safety and emotional wellbeing.