



Physical Education (PE) Vision

At Newport, our vision for Physical Education is to inspire all pupils to become active, resilient and confident individuals who understand the importance of physical activity for both physical and mental wellbeing.

Through a broad, inclusive and engaging curriculum, pupils develop physical competence, teamwork, leadership skills and a positive attitude towards healthy lifestyles, preparing them for lifelong participation in sport and physical activity. We celebrate diversity and ensure every pupil feels included, valued and motivated to succeed.

How PE Promotes SMSC

Spiritual Development

- Builds self-confidence, determination and resilience through physical challenges.
- Encourages pupils to reflect on personal achievement and progress.
- Promotes enjoyment, motivation and a sense of achievement through participation.

Moral Development

- Teaches fairness, honesty and respect for rules in competitive and cooperative activities.
- Encourages understanding of sportsmanship and integrity.
- Helps pupils learn to win and lose with dignity.

Social Development

- Promotes teamwork, cooperation and leadership.
- Develops communication and interpersonal skills through group activities and games.
- Builds a sense of belonging and shared achievement.

Cultural Development

- Exposes pupils to a range of sports and activities from different cultures.
- Encourages inclusion and respect for diverse abilities and backgrounds.
- Develops understanding of sport's role in society and community.

In Practice at Newport

- A broad curriculum including competitive and non-competitive activities.

- Opportunities for leadership, teamwork and personal challenge.
- Inclusive lessons where every pupil can participate and succeed.
- A strong focus on health, wellbeing and lifelong fitness.