

PRIMARY SCHOOL MENU

SEPTEMBER – OCTOBER

WEEK 4

DAYS	Main Option	Vegetarian Option	Side Option	Cold Selection	Dessert Hot Option	Dessert Cold Option
Monday	Chicken and veg curry with rice	Quorn sausage casserole	Peas Corn on the cob Mashed potato	Salad Bar Tuna, cheese and Egg sandwiches and/or wraps	Home made cookie or biscuit with fruit	Yoghurt Fresh Fruit
Tuesday	Cheese and tomato pizza	Jacket potato with a choice of tuna or cheese served with salad	Carrots Oven baked wedges	Salad Bar Tuna, Cheese and Egg sandwiches and / or wraps	Oaty fruit crunch	Yoghurt Fresh Fruit
Wednesday	Roast beef and Yorkshire pudding	Macaroni cheese	Broccoli Cauliflower Mashed potato	Salad Bar Tuna, Cheese and Egg sandwiches and / or Wraps	Feathered sponge and custard	Yoghurt Fresh Fruit
Thursday	Cottage pie	Quiche	Mixed vegetables Swede Baby boiled potato	Salad Bar Tuna, Cheese and Egg sandwiches and / or wraps	Peach and raspberry cobbler	Yoghurt Fresh Fruit
Friday	Baked fish	Vegetable curry with brown rice	Peas, garden or mushy	Salad Bar Tuna, Cheese and Egg sandwiches and / or wraps	Fruit crumble and custard	Yoghurt Fresh Fruit

If alternative meal option is used this is due to reasons beyond our control but be assured that each meal option and recipe is carefully checked to ensure the students receive sufficient nutrients for healthy growth.

Special dietary requirements and Allergen information:

If your child has a special diet or an allergy please ensure that you communicate this with the school and the catering team. If there are any issues in relation to these please contact the school.

