

PRIMARY SCHOOL MENU

SEPTEMBER – OCTOBER

WEEK 3

DAYS	Main Option	Vegetarian Option	Side Option	Cold Selection	Dessert Hot Option	Dessert Cold Option
Monday	Beef bolognese	Quorn chicken pasta bake	Carrots Broccoli Mashed potato	Salad Bar Tuna, cheese and Egg sandwiches and/or wraps	Apple or fruit pie and custard	Yoghurt Fresh Fruit
Tuesday	Quorn southern fried chicken burger	Jacket potato with a choice of cheese or tuna served with salad	Corn on the cob Oven baked wedges	Salad Bar Tuna, Cheese and Egg sandwiches and / or wraps	Rice pudding with apple	Yoghurt Fresh Fruit
Wednesday	Beef lasagne	Cheese and onion plait	Peas Sweetcorn Garlic bread	Salad Bar Tuna, Cheese and Egg sandwiches and / or Wraps	Sticky toffee pudding	Yoghurt Fresh Fruit
Thursday	Roast chicken and stuffing	Quorn sausages in onion gravy	Cauliflower Swede Oven cooked potatoes	Salad Bar Tuna, Cheese and Egg sandwiches and / or wraps	Fruit flapjack	Yoghurt Fresh Fruit
Friday	Fish cake	Tomato and cheese pasta bake	Peas Beans Chips	Salad Bar Tuna, Cheese and Egg sandwiches and / or wraps	Fruit shortcake	Yoghurt Fresh Fruit

If alternative meal option is used this is due to reasons beyond our control but be assured that each meal option and recipe is carefully checked to ensure the students receive sufficient nutrients for healthy growth.

Special dietary requirements and Allergen information:

If your child has a special diet or an allergy please ensure that you communicate this with the school and the catering team. If there are any issues in relation to these please contact the school.

